

## SEPTEMBER 2017

### REDIRECTING CHILDREN'S BEHAVIOR

*Thursday, September 28, Introductory class and  
Thursdays, October 12, 19, 26, November 2, 9, 16, from 9:15-11:45am*

This 6-week, 15-hour course teaches parents how to help children grow in a way that enhances self-esteem, teaches responsibility, and promotes cooperation and self-mastery. At the completion, you will be able to: discipline without yelling, interact to build self-esteem, reduce sibling rivalry, develop a sense of responsibility, redirect mistaken goals and create an encouraging family. \$245.00 per person, \$345.00 per couple. \$20.00 for childcare for all 6 sessions

**INSTRUCTOR:** Dr. Deborah Fry is an enthusiastic speaker and educator who has been leading workshops and seminars, and working with individuals, parents, and families since 1990. A certified instructor of the International Network for Children and Families, much of her training is based on the work of Dr. Rudolph Dreikurs.

## OCTOBER 2017

### BEYOND ST. PAUL'S SCHOOL

*Thursday and Friday, October 5 and 6*

#### Part 1: School Forum Information Days

*Thursday and Friday, October 5 and 6, from 9am-3pm*

Several elementary schools, private and public, will have information about their programs available for parents to preview.

#### Part 2: Navigating the Admissions Maze

*Friday, October 6, from 9:15-10:15am*

A representative from the Houston Independent School District will discuss the district's Magnet, Vanguard, and Gifted and Talented programs. Aisha Crumbine, founder and principal consultant of Crumbine Education Consulting, will shed light on the admission process for private schools.

## DECEMBER 2017

### ALL ABOUT KINDERGARTEN

*Thursday, December 7, from 9:15-10:15am*

Join us for this opportunity to learn about St. Paul's fantastic Kindergarten. Class 9 teachers will give an overview of the curriculum with an explanation of the reading and mathematics programs. Samples of the children's work will be shown to illustrate the uniqueness of our Kindergarten program.

## DECEMBER 2017

### GIVE YOUR CHILD MATHEMATICAL POWER

*Friday, December 15, at 9:30am*

Parents wishing to help their children acquire math skills may feel like they don't have the resources or expertise to supplement what children learn in preschool. But you don't need a degree in math or a fat wallet to enrich your child's learning. You probably already have the stuff for hands-on, age-appropriate math activities that you can do around the kitchen table or cruising along in the car. Dr. Carrie Cutler, an expert in early childhood mathematics and professor of mathematics education at the University of Houston, will share games and activities you and your child will enjoy doing together. From Shoelace Shapes to Snowball Hunts, join us to find out how you can build your child's mathematical power.

**INSTRUCTOR:** Dr. Carrie Cutler is passionate about early childhood education and mathematics. A sought-after presenter and award-winning university instructor, her forthcoming book, *Math-Positive Parents: A Q & A Guide to Helping Your Elementary Child with Math Homework* (Math Solutions, tentatively 2018) gives practical tips to empower parents with persistence, patience, math vocabulary, and reasoning skills to help children succeed in math. Carrie appreciates learning from educational research but finds that her best teachers are her own eight children – ages 2 to 19.

## JANUARY 2018

### GROWING CHILDREN WITH GROWING FAITH

*Thursday, January 18, at 9:15am*

Jane Williams, mother of Senior Minister Tommy Williams, will discuss how we can live our lives before and with our children so that they may grow up with a grounding of unconditional love and faith in God. She will also present practical ways to share our faith with our children.

**INSTRUCTOR:** Jane Williams has a degree in Elementary Education and Math, with Graduate work in Early Childhood and Theology. She has spent 31 years on the staff of churches in Tyler and Houston with a focus on Children's Programs and Family Ministries.

Her love for children started as the 2nd of six children. Jane has been married for 47 years. She has three grown children and ten grandchildren, ages 2 to 11. Her goal is to be a good representative of the Christian faith that gives her life and joy.

## FEBRUARY 2018

### HOW PLAY AND EARLY LITERACY SKILLS HELP LANGUAGE DEVELOPMENT

*Tuesday, February 27, at 1:30pm*

Learn how to develop the cognitive, language and social-emotional skills that underlie your child's effective social interactions and literacy comprehension. You will learn the development of various dimensions of play and the interrelationships of these dimensions of play to children's language, social-emotional skills, self-regulation and literacy. You will learn how to nurture your child's language, play, and literacy skills to set the foundation for becoming an independent, self-motivated learner.

**INSTRUCTOR:** Brooke Andrews, M.A CCC-SLP, is the founder of The Speech Dynamic, PLLC, and a pediatric speech therapy practice in Houston, TX. Her clinical expertise includes executive skill functions, brain-based learning, social learning, autism spectrum disorders, literacy, and developmental speech and language disorders. She has presented at various conferences, including The North Carolina Exceptional Children's conference and participated on a panel for early childhood educators through The University of North Carolina at Chapel Hill. Brooke is the co-creator of "Wiggle Time," an interdisciplinary curriculum for pediatric therapy. Brooke has a special interest in social learning and is the founder of the "Social Connections," offering parent workshops and social skills groups for children.

## APRIL 2018

### EMOTIONAL REGULATION FOR TODDLERS AND PRESCHOOLERS

*Thursday, April 12, at 9:30am*

The emotional life of small children is very rich and vivid. There are a myriad of positive and negative emotions shooting off at various times - frustrations, curiosities, disappointments, excitements, jealousies. We will journey a bit into the world of young children's emotional life to better understand the emotional, cognitive, and biological underpinnings and help parents help their children build a foundational system of how to appropriately regulate emotions.

**INSTRUCTOR:** Elena Denis, LCSW, is a child, adolescent, and adult psychotherapist who has been in private practice the Houston Area since 2000.